



ATHLETE CODE OF CONDUCT

Minnesota Flyers athletes are required to conduct themselves in an appropriate manner that reflects the beliefs and philosophy of the club. All Flyers are required to:

Fulfill the responsibilities and expectations of being a Minnesota Flyers Track and Field athlete:

- Be Honest, Respectful and Reliable at all times.
- Make a commitment to sport training and follow through with that commitment.
- Dedicate yourself to improving, both as an athlete and as a person and encouraging the improvement of your teammates.
- Follow the policies and procedures of Minnesota Flyers Track and Field.
- Practice good citizenship

Set an example for other athletes:

- Refrain from drug or alcohol use or using profanity.
- Maintain self-control at all times. Avoid any behavior that may be misunderstood or misinterpreted by other athletes.
- Treat everyone fairly within the context of the activity, regardless of gender, race, personal orientation, religion, or economic status.
- Be helpful to and supportive of everyone.

Demonstrate good sportsmanship and Cooperation:

- Respect the rules and support the decisions of all coaches and sport officials.
- Be respectful during ceremonies and help other athletes be the same.
- Praise other athletes for their efforts and encourage them to celebrate the successes of others.

All Minnesota Flyers members are expected to perform according to this code. Failure to follow this code could result in verbal warning, written warning, suspension, or removal from Minnesota Flyers Track and Field.

WIN WITH INTEGRITY PLEDGE

*I pledge to make good decisions in my life
I will be an enthusiastic and positive person.
I will live with integrity every day;
I will lead a healthy, active lifestyle.
I will take pride in my successes
on the playing field and in the classroom;
I will be honest and drug-free,
knowing cheaters never win.
I am a Champion!*

I agree to uphold the "Win With Integrity" pledge as a Minnesota Flyer both on and off the field.

By you and/or registrant submitting your/their digital signature during the registration process, you have agreed to abide by the terms outlined above.