



## POLE VAULT POLICY

For any athlete interested in learning pole vault or currently active in the pole vault, please be aware of the following requirements:

1. The athlete must be the appropriate age per USATF rules (turning age 13 by Dec. 31 of the current year).
2. The athlete and parent/guardian must supply the athlete's pole. Pole needs to have been tested and obtained via a properly credentialed pole vault source. We recommend renting poles through Flight Deck Athletics here [http://bit.ly/FDA\\_PoleRental](http://bit.ly/FDA_PoleRental) or RentPoles.com
3. The athlete and parent/guardian must supply the athlete's helmet meeting the necessary pole vault safety regulations (helmets like ProTec or Triple Eight Brain Saver).
4. The athlete and parent/guardian will be required to sign an additional waiver before your athlete will be allowed to pole vault.

Pole vault equipment must meet specific safety standards and cannot be borrowed from friends. We appreciate your understanding and commitment to our pole vault participation requirements!